



# Newsletter

## Welcome!

Welcome to the Easter Newsletter! We hope this finds you well and looking forward to the Easter break.

I would like to take this opportunity to say thank you for your efforts with your children in terms of attendance to APC and your understanding of how we help your child and how you as parents and carers can help us to help your child in terms of a successful future. By following the guidance below, I strongly feel that we will make great progress with your child if we work together as a team

- By making sure that your child attends the sessions that they are allocated for
- Supporting the college rules with your child in terms of our behaviour policy
- Looking at the "glass half full" in terms of progress so that we, together, can create positivity and a feeling of a new beginning for your child's educational experience

With the end of term fast approaching and the fact that it is so late in the year this year, before you know it, our year 11s will be taking their GCSE's! With this in mind, our year 11 pupils should be taking up the revision guidance from their respective centres and embedding a culture of studying so that they can achieve the best possible grades. A gentle reminder and support from those year 11 parents and carers to help us to help your child meet their expectations please.

Finally, I would like to wish you all a very happy spring break holiday and look forward to greeting your child back to school for the summer term.

Yours,  
Doug Thomas  
Head Teacher

## Arrangements and Timings



The Spring Term ends at the normal time on Friday 8<sup>th</sup> April and we return on Monday 25<sup>th</sup> April for the start of Summer Term.

Friday 29<sup>th</sup> April is an INSET day and the College is closed to students.

Half Term runs from Monday 30<sup>th</sup> May to Friday 3<sup>rd</sup> June inclusive and incorporates two bank holidays, to allow for the Queen's Platinum Jubilee celebrations.



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## Uniform



Pupils should return to school in full APC uniform after Easter. If you wish to purchase new t-shirts/jumpers, please contact the centre before your child is due to return to school. Where family circumstances make this financially difficult, we would encourage you to talk to us in confidence and we will do all we can to help.

In addition to the APC t-shirts, pupils will need to wear dark trousers / skirt / shorts.

## Free School Meals and Support for Families

In recognition of increasing financial pressures experienced due to rising food and energy costs, West Sussex County Council is pleased to announce that Free School Meal eligible families will be entitled to a supplementary supermarket voucher to mitigate the impact on their household. Each FSM child will be awarded a £50.00 voucher ahead of the Easter break period.

For children who are not FSM eligible but whose families are struggling financially or in need of practical assistance with any of the elements of the Household Support Fund then support can be provided via the Community Hub, which continues to be a resource accessible for all. The Community Hub can help with food, fuel support, clothing, emergency supplies and much more, and can be contacted on 0330 222 7980 09:00 – 17:00 seven days a week.

## The War In Ukraine



The images from Ukraine are very distressing and we are aware that children are exposed to these in many ways. [Here is a brief guide](#) about how to talk to children and young people about the war in Ukraine.

Meanwhile our Business Team held a Day For Ukraine. They wore yellow and blue, and held a cake sale, raising £184.97 towards the First News Fundraiser for the Disasters Emergency Committee.



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## Did you know?

### New ELSAs



This term, four of the HLTAs across the school have been trained by the team of WSCC Educational Psychologists as ELSAs – Emotional Literacy Support Assistants. ELSAs are trained to carry out therapeutic interventions to support your son/daughter’s emotional well-being. We

will be working with secondary students across Littlehampton, Lancing, Worthing, Burgess Hill and Crawley. The ELSAs will tailor make each student’s sessions individually after a meeting with their tutor to find out how best to support them.

Emotional literacy themes that the ELSAs can help with include loss and bereavement, self-esteem, social skills, friendship issues, relationships, anger management, behaviour, anxiety, bullying, conflict and relaxation techniques. Sessions generally run for six to eight weeks, but sometimes we may need more sessions. The first session is always a “getting to know you” session, which can involve games and activities and set the guidelines for the next sessions. After this, the sessions will consist of a check-in, a main activity and a relaxation.

If you would like more information, please contact your son/daughter’s tutor who will consult with the relevant HLTA/ELSA for their centre.

### GoodWoof



Students at Lancing and Crawley have been involved in an enterprise scheme with Goodwood Estates. They have been offered a stall at their [GoodWoof](#) dog show in May. The students and staff designed products, market tested them and made prototypes. They presented their ideas and prototypes to Chris Woodgate, CEO of Goodwood Estates, and his team. All the products were given his approval and then manufacturing really took off!



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Students at Crawley have designed the 'Pupnick' - a picnic for your dog- and bandanas to celebrate the Queen's Jubilee. At Lancing Students are making a variety of tug toys, bandanas, and poo bag holders. All our products are sustainable and made from recycled or recyclable material. The Worthing Lions Club and students from Varndean College are kindly supporting us with much needed denim donations.

We've had a further meeting where prices and projected profits were discussed, along with final decisions about the layout of the stall. We are all very excited to be involved in this project and are looking forward to visiting Goodwood during their members' meeting this week.

## Focus on Chichester Primary



The children have enjoyed weekly visits to Seeley Copse in Goodwood where they have built dens and toasted marshmallows over an open fire. They tasted syrup filled croissants- a genius idea from one of the pupils! They made pictures in the style of Japanese art and squelched through muddy puddles.

They have celebrated food from around the world, spring rolls for Chinese New Year was a particular favourite with Shrove Tuesday pancakes another hit! They also made cakes (pictured) for Red Nose Day and raised £40.

## Parent/Carer Survey...



Our annual survey of parents and carers is now available. We always really appreciate your views and feedback and would be grateful if you could take a couple of minutes to complete the survey, which [can be accessed here](#).

Thank you so much!



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## Internet Safety



The UK Safer Internet Centre is a fantastic resource centre for young people and their parents and carers, helping young people to stay safe online.

There are guides and resources for parents and carers here: [Parents and Carers - UK Safer Internet Centre](#) for advice on keeping children safe when using a range of devices, including

games consoles, smart speakers, smart TVs, phones and when accessing social media.

There are also some resources including films, games, and quizzes, aimed at young people to help them stay safe online: [Children and young people - UK Safer Internet Centre](#)



National Online Safety offer online safety education for the whole school community. As part of this they produce a weekly free online safety guide on #WakeUpWednesday. [This week's guide](#) focuses on Facebook and it highlights a number of risks such as cyberbullying,

strangers and the addictive nature of Facebook. Follow [this link](#) to access other information sheets on offer, such as Wink, WhatsApp, Fortnite and loads more.



The experts in digital family life ideas and resources to keep families entertained over the holidays as well as supporting them to be safer and more confident online. You will find Interland, which is an interactive online game designed to teach children the five pillars of the Be Internet Legends code, The Legends Family Adventure, plus a range of games, activities and challenges designed to help children be safer and savvier when they go online.



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## Covid-19



The DFE have confirmed that regular asymptomatic testing is no longer recommended in education settings from 1st April and COVID will be managed like any other respiratory virus. Therefore, with immediate effect, no testing is required by pupils at APC.

The advice for pupils who are experiencing symptoms or have a positive test are as follows:

- Pupils who are unwell and have a high temperature should stay at home and avoid contact with other people. They can return to school, when they no longer have a high temperature, and they are well enough to attend
- Pupils with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 3 days.

The school's staged Risk Assessment will remain in place and levels of infection will continue to be monitored, with a view to implementing additional measures where infections are high, in line with other infectious diseases.

**12- to 15-year-olds** can still get their COVID-19 vaccination. [Click this link](#) for further details.

## Our Contact Details

Please don't hesitate to contact your centre at any time if you have any questions or concerns- telephone numbers are below:

Burgess Hill 01444 232771  
Chichester 01243 956976  
Crawley 01293 883209

Lancing 01903 958968  
Littlehampton 01903 278210

## Social Media

We are on [Twitter](#) and [Facebook](#) and we use these platforms to post information and updates, including news and job vacancies. Please do follow us and like and share our posts!



[@apcollege\\_](#)



[Facebook](#)



[apcollege.co.uk](http://apcollege.co.uk)